

# PIASC CERTIFIED FIRST AID & CPR TRAINING

**NOW AN EVEN BETTER DEAL - Includes Bloodborne Pathogen Training!**

**THURSDAY,  
OCTOBER 14, 2010**

(8:00 A.M. TO 1:00 P.M.)

PIASC CONFERENCE CENTER  
5800 S. EASTERN AVENUE • SUITE #210  
LOS ANGELES • CA

**COST: \$70 REDUCED PRICE: \$60!**  
INCLUDING BLOODBORNE PATHOGEN TRAINING!

Cal/OSHA Safety Order Section 3400 states: "In the absence of an infirmary, clinic or hospital four minutes from the work-place, a person, or persons, shall be adequately trained to render first aid."

Printing Industries, through Occupational Safety Training Systems, is offering a four hour seminar in First Aid and CPR and one hour seminar in bloodborne pathogens. Individuals completing the training will receive national two year certification in CPR/First Aid and one year certification in bloodborne pathogens. In addition to compliance with Cal/OSHA safety requirements, this program is an opportunity to have trained persons in the workplace who can deal with basic medical situations or emergencies where well trained response may save a life.

The full 5 hour attendance is mandatory for certification so please be prompt.

Casual attire suggested, such as tennis shoes, jeans, walking shorts.

The maximum attendance allowed per session is 25 students, so register early!



## CPR (Cardiopulmonary Resuscitation)

### Course Introduction

- Roles & Responsibilities
- Importance of Training

### First Aid

- Drowning
- Log Roll Maneuver
- Recovery Position & Neck Breathers
- Choking
- Control and Internal Bleeding
- Shock
- Secondary Assessment
- Warning Signs
- S.A.M.P.L.E.
- Capillary Refill
- Injuries (D.O.T.S.)
- Head, Neck or Back Injuries
- Head-to-Toe Assessment
- Wounds
- Burns
- Exposure to Heat and Cold
- Poisoning
- Scenarios

### Important Information

- Post Traumatic Stress Disorder
- Lifestyle Management
- Good Samaritan Law
- Emergency Medical Services
- Multi Casualty Incidents
- Communicable Diseases
- Protective Equipment
- Proper Disposal
- Lifting Patients
- Scene Assessment

### Initial Assessment and Adult CPR

## Bloodborne Pathogen Awareness

Includes training for all employees on the relevance, existence and impact of Bloodborne Pathogens within their work environment.

The course will teach:

- how to identify, approach, and protect fellow employees from incidental contact
- details regarding the steps to be followed in the event of a potential exposure incident
- specific company policy & equipment put into place to address bloodborne pathogens

## REGISTRATION FORM:

### CPR/FIRST AID SEMINAR

Thursday, October 14, 2010

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Phone #:(        ) \_\_\_\_\_

\*Cancellation must be received within 48 hours of the program for refund of the tuition.

**Return to:**  
Kristy Rodriguez  
PIASC • 5800 S. Eastern Avenue,  
Suite 400  
Los Angeles • CA 90040 or  
Phone, Fax or  
Email registration to:  
Phone: (323) 728-9500, Ext. 215  
Fax: (323) 724-2327,  
Email: kristy@piasc.org

Bill the Company: \_\_\_\_\_ Check Enclosed: \$ \_\_\_\_\_