



PIASC CERTIFIED FIRST AID & CPR TRAINING

Includes Bloodborne Pathogen Training!

Wednesday, April 24, 2019

8:00am to 1:00pm

**COST: \$65/MEMBER
\$95/NON-MEMBER**

PIASC Training Room
Inside Bank of America Building
5800 S. Eastern Avenue, #400
Los Angeles, CA 90040



Cal/OSHA Safety Order Section 3400 states: "In the absence of an infirmary, clinic, or hospital, in near proximity to the workplace, which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid."

Printing Industries, through Occupational Safety Training Systems, is offering a four hour seminar in First Aid and CPR and one hour seminar in bloodborne pathogens. Individuals completing the training will receive national two year certification in CPR/First Aid and one year certification in bloodborne pathogens. In addition to compliance with Cal/OSHA safety requirements, this program is an opportunity to have trained persons in the workplace who can deal with basic medical situations or emergencies where well trained response may save a life.

The full 5 hour attendance is mandatory for certification, so please be prompt. Casual attire suggested, such as tennis shoes, jeans, walking shorts.

**ONLY 12 PER SESSION,
REGISTER EARLY!**

CPR *(Cardiopulmonary Resuscitation)*

Introduction

Symbols and Definitions – What is CPR? – Why We Train

Laws & Ethics

Am I Required to Help? – Before You Help – Good Samaritan Laws – Legal Withholding of Help – State Law and Blood

More about CPR

Myths – Don't Do This – Statistics – A Note on Vomit

Initial Assessment & Actions

STACAB – Scene Safety – Tap & Shout – Assign Help

The Steps of CPR

Compressions – Airway – Breaths

A Few More Things

Lock Jaw – False Signs of Recovery – The Emotional Toll

FIRST AID

What Exactly is a Heart Attack?

Secondary Assessment

Treating a Potential Heart Attack

Stroke

Diabetes

Moving the Patient

Unconscious but Breathing – Rolling the Victim Over – Multiple Responders & Suspected Spine Injury – Recovery Position – Reloading the Victim

MASCAS & Triage

Breathing Related Emergencies

Choking – Infant Choking – Asthma – Anaphylaxis

Trauma Emergencies

Seizures – Bleeding – Shock – Sprains & Fractures – Cold Injuries – Heart Injuries – Chemical Burns

Poisoning

BLOODBORNE PATHOGEN AWARENESS

Includes training for all employees on the relevance, existence and impact of Bloodborne Pathogens within their work environment.

The course will teach:

- How to identify, approach, and protect fellow employees from incidental contact
- Details regarding the steps to be followed in the event of a potential exposure incident
- Specific company policy & equipment put into place to address bloodborne pathogens

Register online at www.piasc.org, or call Emily Holguin at 323.728.9500, Ext. 262, or email: emily@piasc.org

Printing Industries Association, Inc. of Southern California | (323) 728-9500